

Timetable 24 April – 31 May
These classes are running

Weds 24 Apr	09.30	Yoga	The Clifton Centre
Weds 24 Apr	18.15	Yoga	The Clifton Centre
Fri 26 Apr	09.30	Yoga	Langford Com Ctr
Mon 29 Apr	09.30	Yoga	The Clifton Centre
Mon 29 Apr	18.15	Yoga	St Edburg's
Tues 30 Apr	09.30	Pilates	The Clifton Centre
Tues 30 Apr	10.45	Qigong	The Clifton Centre
Weds 1 May	09.30	Yoga	The Clifton Centre
Weds 1 May	18.15	Yoga	The Clifton Centre
Fri 3 May	09.30	Yoga	Langford Com Ctr
Weds 8 May	09.30	Yoga	The Clifton Centre
Weds 8 May	18.15	Yoga	The Clifton Centre
Fri 10 May	09.30	Yoga	Langford Com Ctr
Mon 13 May	09.30	Yoga	The Clifton Centre
Mon 13 May	18.15	Yoga	St Edburg's
Tues 14 May	09.30	Pilates	The Clifton Centre
Tues 14 May	10.45	Qigong	The Clifton Centre
Weds 15 May	09.30	Yoga	The Clifton Centre
Weds 15 May	18.15	Yoga	The Clifton Centre
Fri 17 May	09.30	Yoga	Langford Com Ctr
Mon 20 May	09.30	Yoga	The Clifton Centre
Mon 20 May	18.15	Yoga	St Edburg's
Tues 21 May	09.30	Pilates	The Clifton Centre
Tues 21 May	10.45	Qigong	The Clifton Centre
Weds 22 May	09.30	Yoga	The Clifton Centre
Weds 22 May	18.15	Yoga	The Clifton Centre
Fri 24 May	09.30	Yoga	Langford Com Ctr
Weds 29 May	09.30	Yoga	The Clifton Centre
Weds 29 May	18.15	Yoga	The Clifton Centre
Fri 31 May	09.30	Yoga	Langford Com Ctr